



Contina L. Bell

July 11, 1972 - March 15, 2021

Contina Bell transitioned to be with the Lord on Monday, March 15, 2021 at her residence. She was born on July 11, 1972 to Lewis Bell and Bernadine Harrell in Hertford Co., NC. Contina was a Social Worker for Wake County Department of Social Service. She leaves to cherish her memories, her mother, Bernadine Foreman (James) of Ahoskie, NC; her four brothers, Gerrion Bell of Concord, NC, Joshua Waters, Josiah Waters and Jerell Waters all of Norfolk, VA; three sisters, Gwendolyn Harrell and Helena Williams both of Ahoskie, NC and Equana Bell of Charlotte, NC; a host of nieces, nephews, cousins, other relatives and friends.

Previous Events

Visitation

MAR **19**. 2:00 PM - 7:00 PM (ET)

Hunters Funeral Home Ahoskie
123 Dr MLK Jr Drive
Ahoskie, NC 27910
(252) 332-3130

Service

MAR **20**. 2:00 PM (ET)

Tabernacle of Praise
Dewey Lane
Aulander, NC 27805

Tribute Wall

TO

“ *Miss you my friend...*



Tonya - March 16, 2023 at 04:53 PM

CC

“ *It comes to a shock to me that I spoke to you 7 days prior to your passing. I know now why I never received a response from you this time last year. My heart was heavy to find out this news and I pray you are resting easy. Wake your family continue with your legacy here between two other worlds.*

Canda C - January 04, 2023 at 11:31 PM

YS

“ *My deepest sympathies for the family and friends .Contina and I go way back to Shaw U days .The most sweetest person you ever want to meet. Take Your Wings baby girl and Fly High Angel..Gone 2 soon #Shaw U fam 4life❤️*



Ykeisha Surratt - March 25, 2021 at 09:06 AM

DJ

“ *Deidra Jones lit a candle in memory of Contina L. Bell*



Deidra Jones - March 23, 2021 at 03:45 PM

LC

“ *Linda Cooley lit a candle in memory of Contina L. Bell*



Linda Cooley - March 23, 2021 at 09:51 AM

LC

My condolences to the family. I was the Admin. Asst. in the dept where Contina worked early on .I have just learned of her passing and am very sorry .Contina was a wonderful,honest young lady who didn't "play". I will miss our talks...May God continue to bless all of her family..

Linda Cooley - March 23, 2021 at 09:59 AM

VD

“ *So sorry to hear of Contina's passing, she was a really sweet person.*



Vicki Daniel - March 21, 2021 at 03:35 AM

LC

“ *Lorrie Casper lit a candle in memory of Contina L. Bell*



Lorrie Casper - March 20, 2021 at 03:21 PM

LL

“ *Lois Lyons lit a candle in memory of Contina L. Bell*



Lois Lyons - March 20, 2021 at 02:49 PM

JM

“ *Contina will truly be missed. She was one of kind and one of a kind. I owe alot of my accomplishments to her. I feel like I lost a cheer leader but I know that her spirit will forever cheer me on. Love you much Contina and I pray for peace and understanding for her family.*



Judaea Morris - March 20, 2021 at 02:17 PM

LR

“ *Praying for the family*



Lillian Rayner - March 20, 2021 at 02:17 PM

WB

“ *Wanda Brown lit a candle in memory of Contina L. Bell*



Wanda Brown - March 20, 2021 at 02:06 PM

CG

“ *To the family of Ms Contina Bell, I extend my deepest sympathies for your loss. Contina was a very nice and professional person. i pray that God will continue to comfort you all during this time.*



Carlton L. Gray - March 20, 2021 at 01:05 PM

SJ

“ *Sandy Johnson lit a candle in memory of Contina L. Bell*



Sandy Johnson - March 20, 2021 at 12:32 PM

SA

“ *I worked with Contina at WCHS and would often see her on the 1st floor. Even at a glance, it was evident that she was a caring and committed professional. To her family and friends, please know that I am praying that God will continue to comfort and keep you as you mourn your loss and celebrate Contina's life.*

Sheila Alford (WCHS Colleague)

Sheila Alford - March 20, 2021 at 08:26 AM

DS

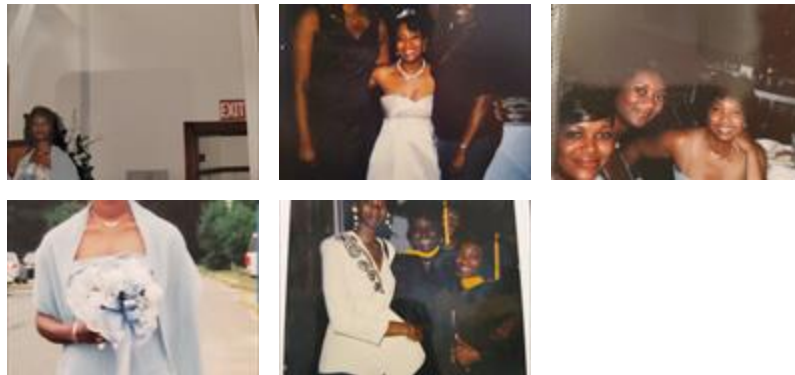
“ Dale Smith lit a candle in memory of Contina L. Bell



Dale Smith - March 20, 2021 at 08:05 AM

RB

“ This is still such a hard pill to swallow. Tina was such a sweet and loving person with a heart of gold. I remember when I first saw her on campus at Shaw U. I said "hey don't I know you...you're from Ahoskie" We both laughed and she said "yes I am" Even though she was 2 years under me, we automatically clicked and became friends. She was there when I was pregnant, during graduation and also part of my wedding. She was truly a beautiful person inside and out with a beautiful soul You will TRULY be missed by so many. I love you my dear..Continue Sleeping in Paradise 🙏❤️😭



Roslyn Bishop - March 20, 2021 at 01:40 AM

BA

“ *Bev Armstrong lit a candle in memory of Contina L. Bell*



Bev Armstrong - March 19, 2021 at 11:14 PM

CB

“ *Charlene Bridges lit a candle in memory of Contina L. Bell*



Charlene Bridges - March 19, 2021 at 11:11 PM

NC

“ *On behalf of Rev. Dr. Katrina Futrell, Pastor, and the Newsome Grove Missionary Baptist Church Family we extend our sincere sympathy in the passing of Contina. Please know that we are praying for the comfort of the family.*



Newsome Grove Missionary Baptist Church - March 19, 2021 at 09:31 PM

NC

Newsome Grove Missionary Baptist Church

Newsome Grove Missionary Baptist Church - March 19, 2021 at 09:35 PM



“ *Antwan Campbell lit a candle in memory of Contina L. Bell*



Antwan Campbell - March 19, 2021 at 09:13 PM

RS

“ *Rhonda Sessoms Spivey lit a candle in memory of Contina L. Bell*



Rhonda Sessoms Spivey - March 19, 2021 at 08:02 PM

CJ

“ *Charitina Jones lit a candle in memory of Contina L. Bell*



Charitina Jones - March 19, 2021 at 07:16 PM

SP

“ *You were more like a sister! There are no words that can describe our relationship but if I had to sum it up it would be authentic! I will miss you! love you!*

Shana Page - March 19, 2021 at 03:59 PM

SP

“ *Shana Page purchased the Fields of Europe for Spring for the family of Contina L. Bell.*



Shana Page - March 19, 2021 at 03:56 PM

SP

“ *I will always remember our sisterhood! You are an original! I will miss you! I love you!!*



Shana Page - March 19, 2021 at 03:47 PM

FD

“ *1 file added to the tribute wall*



Felicia Smith Downing - March 19, 2021 at 01:30 PM

FD

2014 - 2018 Work Family

Felicia Smith Downing - March 19, 2021 at 01:32 PM

MH

“ I am truly saddened to hear of the passing of my former coworker. She was always dedicated and had a tremendous impact on the people she served. She will be missed. My prayers to her family and friends. Marjorie Hicks

Marjorie Hicks - March 19, 2021 at 01:13 PM



“ White Standing Spray was purchased for the family of Contina L. Bell.



March 19, 2021 at 11:16 AM

VD

“ Vernetta Davis lit a candle in memory of Contina L. Bell



Vernetta Davis - March 19, 2021 at 11:01 AM

DD

“ DEBORA SMITH DORSEY lit a candle in memory of Contina L. Bell



DEBORA SMITH DORSEY - March 19, 2021 at 09:48 AM

CR

“ Praying for the family...so glad I got to know you first as co worker WCHS and than as a friend. You will be missed.



Chiquilla McRae Russell - March 19, 2021 at 09:36 AM



“ Healing & Hope Sympathy Basket was purchased for the family of Contina L. Bell.



March 19, 2021 at 09:23 AM

JM

“ Janny Mealor purchased the Eternal Love for the family of Contina L. Bell.



Janny Mealor - March 19, 2021 at 09:01 AM

KB

“ I met Tina over 13 years ago we worked together at Dubois & more recently WCHS, I am deeply saddened to hear of her passing. I spoke with her a few weeks ago, and we laughed and talked for a while. She was a jewel, a person with a big heart & amazing spirit. My deepest sympathies and condolences to the family, she will be missed!



Katia Barber - March 19, 2021 at 08:12 AM

JR

“ Tina you will be missed. I can never replace you but I promise I'll do my part and be there for Quana and Rian. You were a beautiful, genuine soul. Rest queen. We love you❤️



Jerkia Rinnix - March 19, 2021 at 06:39 AM

KW

“ Kathy Nixon,Hill Wynn lit a candle in memory of Contina L. Bell



Kathy Nixon,Hill Wynn - March 19, 2021 at 02:11 AM



“ *Fields of Europe for Spring* was purchased for the family of Contina L. Bell.



March 18, 2021 at 11:52 PM



“ *Peach, Orange & White Standing Wreath* was purchased for the family of Contina L. Bell.



March 18, 2021 at 11:28 PM



“ *Shades of Purple* was purchased for the family of Contina L. Bell.



March 18, 2021 at 10:56 PM



“ *Lakedhia Barnes lit a candle in memory of Contina L. Bell*



Lakedhia Barnes - March 18, 2021 at 08:27 PM

GT

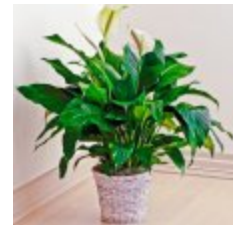
“ God bless you all, WCHS Energy Team purchased the Pink & White Sympathy Standing Spray for the family of Contina L. Bell.



God bless you all, WCHS Energy Team - March 18, 2021 at 06:22 PM

JC

“ Jamahl “Green” and Anisha Campbell purchased the Floor Plant for Sympathy for the family of Contina L. Bell.



Jamahl “Green” and Anisha Campbell - March 18, 2021 at 06:20 PM



“ Karen Burton lit a candle in memory of Contina L. Bell



Karen Burton - March 18, 2021 at 05:51 PM



“ Meeting Contina at WCHS, I was loving to see another women who was tall, watching the stride in her steps, she walked with such confidence and poise. Many assumed she was mean but she was far from mean. Yes Tina was assertive but she was the most kind, warm and gentle powerhouse. She was so very intelligent, extremely smart and had a mouth that she immediately blended in with the rest of us :). The blessing came when we became friends and then she became my sister-in-law. The way she loved my brother was thee ultimate blessing. The way she touched his life, words can never explain. They had so much in common; The way they challenged each other and connected melted my heart. We would say how much we wish our mom was still here, she would have loved Tina. I thank her for becoming my friend and I love her for being a friend, co-worker and sister. She will be missed and remembered forever.

The Bell Family, Thank you for sharing such an amazing person with us. I extend my deepest condolences to all of you and I will continue to pray for strength, comfort, healing and a sound mind.

Karen Burton

Karen Burton - March 18, 2021 at 05:49 PM

BI

“ Brenda Irwin lit a candle in memory of Contina L. Bell



brenda irwin - March 18, 2021 at 05:47 PM

TA

“ Family, my thoughts and prayers are with you all as you go thru this difficult time. Contina will truly be missed. Remember, "Earth has no sorrow that heaven can not heal", Continue to look up to those hills from whence cometh your help. We do not always understand God's wisdom but we have to Trust his Perfect will for our lives. I pray that God wrap his loving arms around you all and give you the comfort and strength you need to endure. Be Blessed and know that he is God alone.

Tatia - March 18, 2021 at 03:00 PM

TA

“ Tatia lit a candle in memory of Contina L. Bell



Tatia - March 18, 2021 at 02:50 PM

DO

“ Dominin lit a candle in memory of Contina L. Bell



Dominin - March 18, 2021 at 02:37 PM

DO

Contina was one of the 1st people who befriended me when I started working at WCHS and we immediately clicked and a bond was formed. We were friends for 11 years and I will miss her dearly. I cherish the time I got to spend with her and all the many laughs we shared.

Dominin - March 18, 2021 at 03:10 PM

AH

“ *Aisha Hobbs lit a candle in memory of Contina L. Bell*



Aisha Hobbs - March 18, 2021 at 02:17 PM

LW

“ *Lillie Wright lit a candle in memory of Contina L. Bell*



Lillie Wright - March 18, 2021 at 02:04 PM

JB

“ *Jannie Bennett lit a candle in memory of Contina L. Bell*



Jannie bennett - March 18, 2021 at 01:13 PM

CS

“ *Christopher D. Smith lit a candle in memory of Contina L. Bell*



Christopher D. Smith - March 18, 2021 at 12:35 PM

AW

“ Audrey Wright lit a candle in memory of Contina L. Bell



Audrey Wright - March 18, 2021 at 12:04 PM

WC

“ WCHS Call Center purchased the Blue & White Sympathy Standing Spray for the family of Contina L. Bell.



WCHS Call Center - March 18, 2021 at 11:39 AM

JC

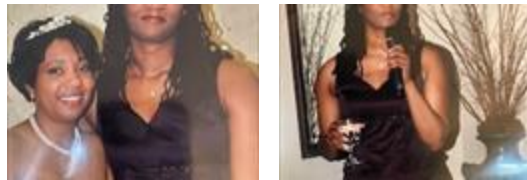
“ Jasmine Cherry lit a candle in memory of Contina L. Bell



Jasmine Cherry - March 18, 2021 at 11:06 AM

OC

“ *My deepest sympathies to you and your family. My thoughts and prayers are with you in your time of grief. My best friend Tina, if only words can truly express my love for Tina. We have over 25 years of friendship. Tina was like a sister to me. There are so many memories to share that I can't post them all. A true friend like Tina is never truly gone. Her spirit lives on in the memories that we shared. The bond between us as friends is beyond the mortal world. They say friends are the family we choose. Tina was a part of my family. Tina's passing has left me with a broken heart. I feel like a piece of me is gone. Saying goodbye isn't for us. Instead, I will say that I look forward to seeing my friend again, each time I am reminded of her through a phrase, a joke, even an article of clothing. These are the things that will keep us close despite death. The best of friends know that they were loved for who they were in life and will be remembered for their hearts in their death. I wish I could pick up the phone and tell her to wake up. I will truly miss my girl!*



Omega Crawford - March 18, 2021 at 10:57 AM

NH

“ *Natasha Huff lit a candle in memory of Contina L. Bell*



Natasha Huff - March 18, 2021 at 10:41 AM

NH

My sincere condolences for your loss. Contina was always so nice, she will be deeply missed. God Bless you all at this time of sorrow.

Natasha Huff - March 18, 2021 at 10:44 AM

JB

“ *Jeanette Brown purchased the Floor Plant for Sympathy for the family of Contina L. Bell.*



Jeanette Brown - March 18, 2021 at 10:31 AM

UN

“ *May you Rest in Peace you worker hard at Wake County your presence will be missed.*



unissha - March 18, 2021 at 10:22 AM

UN

*worked**

unissha - March 18, 2021 at 10:23 AM

GP

“ *I'm so sorry for your lost and my prayers are with you.*

Gloria Powell - March 18, 2021 at 10:08 AM

JM

“ You will be missed! I am forever grateful our paths crossed. Our love the Poetry and the arts will forever be a memory to remember you. To the Family, please know that you are in my prayers and thoughts! Be Blessed!
Jason T. Mahoney (Wake County Human Services Colleague)



Jason T. Mahoney - March 18, 2021 at 10:07 AM

PA

“ Contina .. you will be missed.. You were part of my work family as well as SHAW U family.
..



Pam - March 18, 2021 at 09:20 AM

LW

“ Contina was a beautiful soul, I will miss here, she always kept it real. I will cherish our conversations and will miss her wisdom. She was my go to person when I had questions. If she did not know the answers she would direct me. I am sad but I know God has a plan and she is resting in the arms of Jesus. I will see her again,
Love Letha Williams
May the peace of God be with you during this difficult time.

letha williams - March 18, 2021 at 09:14 AM

CT

“ Courtney Temple lit a candle in memory of Contina L. Bell



Courtney Temple - March 18, 2021 at 09:13 AM

TH

“ Teresa Harlee lit a candle in memory of Contina L. Bell



Teresa Harlee - March 18, 2021 at 09:09 AM

TH

May God grant you with Peace and comfort at this difficult moment in your lives. May he wrap his loving arms around your entire family.

Teresa Harlee - March 18, 2021 at 09:14 AM

NA

“ Nicole Archie lit a candle in memory of Contina L. Bell



Nicole Archie - March 18, 2021 at 09:08 AM

TO

“ Tonya lit a candle in memory of Contina L. Bell



Tonya - March 18, 2021 at 08:10 AM

TO

I'll miss you my friend...

Tonya - March 18, 2021 at 08:20 AM

LP

“ LaShanda Pettis lit a candle in memory of Contina L. Bell



LaShanda Pettis - March 17, 2021 at 10:39 PM

JM

“ Juanita Mitchell Manley lit a candle in memory of Contina L. Bell



Juanita Mitchell Manley - March 17, 2021 at 10:33 PM

SB

“ *Sherri Bazemore lit a candle in memory of Contina L. Bell*



Sherri Bazemore - March 17, 2021 at 07:49 PM

SA

“ *I love you auntie, you will forever be in my heart..The best day of my life you had my back, keeping me calm when I was about to freak out.. I swear this seem like a bad dream.. 143 for life!*



Sasha - March 17, 2021 at 07:07 PM

OF

“ *Omega Crawford and Family purchased the Floor Plant for Sympathy for the family of Contina L. Bell.*



Omega Crawford and Family - March 17, 2021 at 04:34 PM

JM

“ *Tina was such a pleasure to work with. I will miss her dearly.*



Joy Montgomery - March 17, 2021 at 04:25 PM

JJ

“ Janet Jenkins lit a candle in memory of Contina L. Bell



Janet Jenkins - March 17, 2021 at 04:10 PM

LM

“ Ms. Contina, I remember giving you many of compliments on your outfits you wore. And the times you took out, to help me with work related issues. You will be greatly missed.

laquandra mickens - March 17, 2021 at 01:37 PM

VD

“ I am deeply saddened on the lost of a dear co-worker, friend and once walking partner. Contina truly loved her family and often told me stories. She loved her nieces and nephews. I will truly miss her. May the family find peace within and know that God truly cares for you. Be encouraged in knowing in time , the heart will heal, and memories everlasting. Vickie Davis



Vickie Davis - March 17, 2021 at 12:44 PM

AL

“ Anisha Lassiter sent a virtual gift in memory of Contina L. Bell



Anisha Lassiter - March 17, 2021 at 09:45 AM

FD

“ *Contina was a beautiful person inside and out. We, her co-workers and friends will miss her dearly as she was very passionate in her work and her care for others. Contina's commitment to her work and the population she served was undeniable. She was a true and devoted friend who always reserved time to counsel, support and encourage others. Please accept my sincere condolences. Felicia Smith Downing*



Felicia Smith Downing - March 17, 2021 at 09:15 AM

TH

“ *Tomika Harrell lit a candle in memory of Contina L. Bell*



Tomika Harrell - March 17, 2021 at 07:46 AM

JS

“ *I met Contina during my time at Saint Aug. we came instant friends and realized we knew the same people from Ahoskie. This saddens me to hear this beautiful soul is no longer with us. Heaven gained an Angel. Sending my deepest condolences and prayers to the family. I too mourn with you.*

jay Sutton - March 17, 2021 at 06:59 AM

FL

“*Frieda Lassiter sent a virtual gift in memory of Contina L. Bell*



Frieda Lassiter - March 17, 2021 at 01:56 AM

VS

“*I have known Contina since we were 18 and 19 years old students beginning our college journey at Shaw University. Years later, we worked with the same employer WCHS in Raleigh NC. She was a kind, gentle, and hardworking woman. There were so many kind words and memories from her work family and her Shaw University Family. We will all miss her greatly. Our continued prayers for her friends and family . May God comfort everyone. My sincere condolences.*



Vickie Smallwood - March 16, 2021 at 11:07 PM